# ST. GREGORIOS DAYABHAVAN

(A Project of Malankara Orthodox Church Mission Board)

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# **Annual Report (2012-13)**

# **INTRODUCTION**

St. Gregorios Dayabhavan, the initiative of Malankara Orthodox Church Mission Board, located in a scenic land in the serene village of Bhaktharahalli, to battle against dreaded pandemics & its effects by advocating equitable access to quality Rehabilitative, Preventive, Curative & Capacity Building services to all people living with or at risk of infections, is a registered society under the Karnataka Societies Registration Act, 1960 bearing Reg. No.: 292/2004-05. We fall at the feet of our Almighty for abundant Blessings received while serving the infected & the affected of the fatal illness - the modern pandemic, with much vigor & vigil.

#### **MISSION**

To holistically extend care & support to the Distressed & Needy (Children & Patients), thereby increasing their confidence to lead an independent and secure life.

#### **VISION**

To ensure the quality of life of the infected and affected by pandemics, by extending rehabilitation, treatment, care, and support in a holistic way.

#### **CORE VALUES**

- Love
- Compassion
- Care
- Commitment

#### **KEY OBJECTIVES**

- > To enable the infected & affected to accept the reality and to adopt a better coping mechanism to lead a better and joyful life
- > To fulfill the physical as well as psychological needs of the infected & the affected
- ➤ To wipe out the occurrence and spread of the pandemics, through outreach and preventive techniques
- To provide Pain & Palliative Care Services for the poor & needy distressed patients
- To provide care and support to affected as well as infected children.
- To enable the children to dream of a better standard of life
- > To extend capacity building programmes pertaining to Health & Hygiene at schools, colleges and community level
- ➤ Networking with NGO's to extend and improve the quality of work

# **AREAS OF INTERVENTION**

The Projects & Developments of our institution are moving on four Courses of Action, being:

# A) Rehabilitation Wing:

#### **▶** Home of Compassion (DAYABHAVAN):

Home for the holistic development & happiness of the naive kids of HIV/AIDS infected parents. Presently we are rehabilitating 50 Children. Among them, 15 are studying in English Medium and the rest 20 in the state language schools. 11 are pursuing PUC, 1 Degree, 1 Nursing, 1DMLT & 1 in Engineering courses.

#### **Extension of Compassion:**

The helping hands of Dayabhavan are extended to the underprivileged children of HIV/AIDS infected parents, who are able to provide moral support but economically very weak. 168 children are being supported and provided with educational package through this program.

#### **➤** Shore of Compassion (DAYATHEERAM):

This initiative of ours is providing rehabilitation for HIV infected kids in our campus. Comprehensive Care, Moral Support, Treatment Services & Educational Support are the main focus of this mission. As of now, 6 kids are rehabilitated who are continuing with their education.

#### Tailoring Training Programme:

Tailoring Training Programme is an exclusive programme for the empowerment of HIV/AIDS infected and affected women aiming to find support to the PLHIV's and their families by extending a means of livelihood and thus bring them into the mainstreams of the society. For the purpose, a TTC (Tailoring Training Centre) is functioning at Tumkur. After course completion, Sewing Machines are distributed to the infected people. During this reporting year, 43 individuals have been trained in our institution and 5 were issued machines.

# B) Treatment, Care & Support Wing:

#### **Comprehensive Care & Treatment Centre:**

This is aimed at providing comprehensive treatment, care, support and psycho-social services for PLHIV's, TB Patients, Kidney Disease Patients, etc. Our central focus is on Medical Management of Opportunistic Infections, Side Effect & General Ailment Management, Pain & Palliative Care, TB Treatment Services, Nursing Care, Personal Care, Nutritional Assessment & Supplementation, Psycho Social Services, etc. With a rush of 25 to 35 in-patients and a minimum of 10 OPD a day, 1812 patients were provided with services during the reporting year.

#### DOTs Provider:

Being an authorized DOTs Provider Centre, we give Treatment and Care services for TB patients. After treatment in our centre, patients are referred to the respective Public Health Centre for continuation of treatment. In the reporting year, we were able to treat 326 TB patients.

#### **➤** Integrated Counseling and Testing Centre:

As an authorized center under KSAPS (Karnataka State AIDS Prevention Society), through own funding, we provide HIV testing and counseling to high risk and suspected groups. In the reporting year, we had done 282 HIV tests out of which 31 were diagnosed as positive.

#### **Revised National Tuberculosis Control Programme (RNTCP):**

To trace the Tuberculosis patients in their early stage and to provide DOTs to them, under the Sputum Collection and Transportation Schemes of RNTCP, we collected & transported sputum of 312 clients of which 14 were diagnosed with TB. As part of these services, we also avail X-ray services in collaboration with Government Hospital, Kunigal. In the reporting year, we were able to refer 76 suspected cases of which 17 were diagnosed as having TB.

# C) Capacity Building Wing:

#### > ACSM:

As the mother NGO of the Kunigal TB Treatment Unit for the ACSM Scheme of RNTCP, a programme under the Global Fund Round 9 TB Project was implemented by Catholic Health Association of India (CHAI). Here, we provide Advocacy, Communication & Social Mobilization on TB through community meetings, School activities, competitions, sensitization programmes, patient provider meetings, street plays, puppet shows, etc. Every month, we arrange for 4 programmes.

#### > SANCHALANA:

With primary focus on building up an independent life for PLHIVs, a three-day residential capacity building program was held in our training hall like former years. The days were packed with training on what all could be done by themselves (PLHIVs) in making their life much healthy and worthy. 26 members became part of the programme this year.

#### > SAHAYATHRA:

The exclusive sensitization program for nursing students was aimed at creating responsiveness about pandemics to enrich knowledge that strengthen minds to treat the people living with pandemics without fear. With prime focus on precautionary methods to be adopted in treating patients & knowledge on PEP (Post Exposure Prophylaxis), 730 participants from two nursing colleges were imparted knowledge in the reporting year.

#### > DAYADEEPTHI:

A day program, conducted bi-month, focusing on follow-up, free medical checkup, diagnostic services and provision for nutritional supply for PLHIVs pave the way in strengthening our outreach services. DAYADEEPTHI, exclusively for the little innocent sufferers (Children), is also conducted. In the reporting year, this service was extended to 645 PLHIVs.

#### > DAYACHIGURU:

Exclusively programme for ANCs & PNCs, with prime focus on health care, availing knowledge on medical facilities for them, the need of use of drugs during pregnancy in prevention of mother to child transmission, the need to providing drug to the new born within the prescribed time, the way for care of the new born during the early days and so on. Special nutritional supplements are also provided for the participants.

#### > DAYAPOUSTIKA:

The monthly Nutritional Package Distribution service for the Poor & Weak HIV/AIDS infected kids. Through this service, we short listed 20 underprivileged kids who need special nutrition after thorough home visits. They are provided with a package worth Rs. 500 every month.

#### > DAYASANGAMA:

Dayasangama is the entertainer day, a day to bring in the children and their parents together. On this day, our children and staff together engage the parents with beautiful cultural events all of which are commended by the parents as a day they never had in their past life, 'the day, the experience of such glee and bliss'.

#### **CBP:**

Upholding the thrust of the quote "*Prevention is Better than Cure*", every month we conduct a minimum of 5 capacity building training programmes in Jails, Colleges, Schools, Factories, Villages, or other needy areas.

### **World AIDS Day Programme:**

On every December 1<sup>st</sup> Dayabhavan becomes part of the World AIDS Day Programme, a Social Action against the stigma and discrimination related with HIV/AIDS. This year, due to the sad demise of our Prime Minister, Hon. Sri. I. K. Gujral, the programme was postponed and organized on the 21<sup>st</sup> of December 2012. More than 2000 students from different schools and colleges in and around Kunigal took part in the procession, proclaiming support to the poor unfortunate fatalities (both infected and the affected) of HIV/AIDS. Attended by all chief functionaries in the Health and Educational Department of the Taluk, the presence of the Religious leaders from Hindu, Muslim & Christian Community became a special focal point.

#### **World TB Day Programme:**

This year, Dayabhavan becomes part of the World TB Day Programme on 24<sup>th</sup> March 2013, a Social Action against the stigma and discrimination related with the disease. We conducted stage programs for public awareness as asked for by the District Department. The programme was stated as the best program and was showered with appreciation. On 26<sup>th</sup> of March, a public awareness programme was held in Kunigal. A rally & public meeting was arranged in which the students from Nursing Colleges, ASHA workers, Staff under the Health Department, staff of Kunigal General Hospital and chief functionaries of the District & Taluk Health Department were part of.

#### > Assistance & Guidance to Researchers:

Researchers are being helped with and given with assistance and guidance in completion of the research successfully. It is a great sense of achievement and a matter of pride that Dayabhavan has now grown to the level of a study centre for researchers.

#### **➤** On the Job Training & Field Training:

Dayabhavan is providing on the job training and field exposure training for Social Workers who are send from different institution from throughout the state. This is an acknowledgment of true & thorough use of professional values & ethics with spirituality in the forefront.

# **D)** Health Care Wing:

#### > Free Clinic:

Our clinic provides primary health care facilities to the poor nearby villagers free of cost. This year, we were able to give services to 1456 patients. It is also an opportunity to provide awareness to the villagers regarding HIV/AIDS, TB & CKD. It has helped to reduce the stigma related with the disease in and around the area.

#### **Clinic on Wheel:**

Free medical camps are being organized in village, school and colleges in and around the district. Together with this, we conduct awareness programmes to enrich the people and students with the knowledge on HIV/AIDS, TB & CKD, the importance of hygiene and various precautionary measures to keep away from the diseases. This year, we conducted 9 medical camps.

#### **➤** Mobile Counseling & Testing Unit:

Our MCTU organizes free diagnostic camps (HIV & Kidney Diseases) in High Risk Areas throughout the district. Pre-Test and Post-Test counseling are given compulsorily during the test. Capacity Building on HIV/AIDS & Kidney Diseases is also conducted so as to enrich the participants with the facts on the diseases and various precautionary measures to keep away from theme. This year, we were able to conduct 6 camps and screened 112 of the population.

#### **Blood Donation Camp:**

Blood donation camps are organized by our institution at different parts of the district. The blood thus collected is distributed to poor needy patients who require blood transfusion. Blood grouping is done during this process. In the reporting year, we had collected 65 bags of blood which were distributed to the poor & needy.

#### **OTHER ACHIEVEMENTS**

#### **BEST SERVICE PROVIDER AWARD from KSAPS:**

Dayabhavan was selected as the Best Service Provider in the state (One among Eight) by Karnataka State AIDS Prevention Society. However, the awarding ceremony was postponed due to the death of 'Hon. Sri. I. K. Gujral', Prime Minister of India.

#### **➤** Foreign Contribution Registration Act:

Dayabhavan has got recognition u/s FCRA to vide FCRA No.: **094640091** Dt. 09-01-2013.

#### **→** 'A Grade Certificate from NACO:

Dayabhavan has been consecutively awarded with the 'A' Grade Certificate from National AIDS Control Organization, the highest grade given for any institution working in the field of HIV/AIDS. The inspecting team leader commented about DAYABHAVAN as one of the best centres in India that should never be closed even after closure of the Project Period.

#### > SELFLESS CONTRIBUTORS NATIONAL AWARD from MTCF:

Dayabhavan was given with the Selfless contributors National Award by Mother Theresa Children's Foundation for our selfless services for the poor.

#### **Blood Donation Mission in Collaboration with MTCF:**

Dayabhavan's Blood Donation Mission is now in collaboration with Mother Theresa's Children's Foundation. We organize awareness programmes & blood donation campaigns throughout the district and the blood thus collected is given free of cost for poor & needy patients. The programmes are now funded by MTCF.

# > 10<sup>th</sup> Anniversary Celebration and Consecration & Inauguration of First Floor of DAYABHAVAN Boy's Home:

The consecration of the first floor of Boy's Home was held on 10<sup>th</sup> of March 2013 by H. G. Yuhanon Mar Chrysostomos, President, H. G. Yuhanon Mar Thevodorus, Co-President & H. G. Dr. Abraham Mar Seraphim, Vice-President of our institution.

After that a public meeting was held in which Bishops, Hon. Sri P. J. Kurien, Sri. Siddarama Chaithanya Mahaswamikalu, Very Rev. K. I. Philip Ramban, Sri. Muddhahnumegowda (Spokesperson JDS), District Officials, Very Rev. Philip Cor-Episcopa, Diocesan Secretary, Very Rev. Abraham Marett Cor-Episcopa, Fathers, Kerala Samajam Members and well-wishers from Bangalore & Tumkur took part.

The Ambulance donated to us by Hon. Sri. H. D. Kumaraswamy, Present MP & Former CM of Karnataka, was flagged off, in his absence, by Sri. Muddhahanume Gowda. We would like to thank all whose prayers and presence have supported us.

#### **FINANCE:**

#### **Funds:**

- ❖ The major source of fund for the institution is the donation made as cash and kind by our well wishers.
- ❖ The institution also receives grant from the parent body 'Mission Board of Malankara Orthodox Church'.
- ❖ For the Sputum Collection and Transportation Scheme, the fund is received from RNTCP of Government of India through Tumkur District Tuberculosis Office in Karnataka State.
- ❖ Agricultural income also serves as a means of income for the institution.
- ❖ The finance of all other projects is being borne by the institution which has its major source from donations of well-wishers.
- ❖ The utility of all funds received are very strictly monitored.

#### **MANAGEMENT STRUCTURE AND DECISION MAKING:**

#### **➣** General Body

The general body constituting nine members meets at least twice every year and makes the necessary actions and decisions.

#### **Executive Committee**

The executive committee has seven members. The committee meets at least four times every year.

#### > Advisory Committee

The advisory committee has three sub-committees: general, legal and financial with around at least four members per sub-committee. The advisory committee meets periodically.

# **DAIRY FARM:**

In our dairy farm, we have six cows and one calf. We are using the milk received from our farm.

# **AGRICULTURE:**

God has abundantly blessed Dayabhavan with enough natural resources. Dayabhavan, situated in a 10-acre land, cultivates different kinds of vegetables and grains (like Paddy, Ragi, Gram, Dhal, Groundnuts, Lady's Finger, Tomato, Brinjal, Cabbage, Tapioca, Sugar Cane, Plantain trees, etc.) to meet our needs and harvest also serves us as a source of income. Different food grains are growing well in our land.

## **FESTIVALS AND PICNICS:**

Irrespective of religion, culture and language, every festival is a colorful reason for Dayabhavan inmates to enjoy to the core. Dayabhavan never misses a chance to bring happiness and joy on the faces of its inmates. Every year, picnics are arranged for the children.

# **VISITORS:**

H. G. Dr. Yuhannon Mar Chrisostomos, President, H. G. Dr. Yuhannon Mar Thevodorus, Co-President, H. G. Abraham Mar Seraphim, Vice President, Hon. Sri P.J. Kurien, Deputy Chairman, Rajya Sabha, Fr. Tomi, NACO, Dr. Jayaraj, Joint Director KSAPS, Mr. Govinda Raju, Deputy Director, KSAPS, District Officers of Health & Family Welfare Officer,

Dr. S. M. Jangay, Deputy Director, Karnataka Health Promotion Trust, Dr. Asma Tapassum,

District Tuberculosis Officer, Dr. Radha Devi, District AIDS Prevention & Control Officer, Mr.

Philip Mathai, President Y's Men International, Fr. Mathew Chandrakunel & Students from

Dharmaram Vidya Kshetra, Dr. Mamatha, SMO, ARTC, Chief Functionaries of Health Department

from Karnataka State, Mr. John John, London, Mr. Hariharan Srinivasan & Team, Oracle & Rotary

Group, Seminary Students from Kottayam & Nagpur, Students from Medical, Engineering, Nursing

& Degree Colleges, Priests and Church Members from Bangalore and Tumkur. We do thank all of

them for their support.

**GRATITUDE:** 

We wish to place on record our sincere gratitude to our patron H. H. Baselios Marthoma Paulose

II, Catholicos of the East and Malankara Metropolitan and our Founder President Late Lamented

H. G. Dr. Geevarghese Mar Osthathios Metropolitan, for their gifted guidance and prayerful

patronage.

We express our sincere thanks to all vicars and members of the parishes in Bangalore and Tumkur,

NAMS Members, Snehasadan Trustees and MGOCSM senior friends from Bangalore for their

continuous support and help.

We are grateful and express our thanks to the Officers of National AIDS Control Organization

(NACO), Karnataka State AIDS Preventions Society (KSAPS), Karnataka Health promotion Trust,

SNEHADAAN Team, Bangalore, Dr. Asma Tapassum, DTO, Tumkur, Dr. Radhadevi, DAPCO,

Dr. Mamatha ART Medical Officer, Tumkur and all NGOs in Tumkur district functioning in the

realm of HIV/AIDS. We extend our gratitude to Mr. Hariharan Srinivasan, ORACLE group &

ROTARY Club, Bangalore. Our sincere love for the members of Youth Movement of Bangalore

Diocese.

**CONCLUSION:** 

Finally, we thank all our supporters who have helped us. We pray that Almighty God continues to

shower His abundant blessings on the activities of Dayabhavan in the days to come. Once again

thanking all, we submit this report for the consideration of our Well Wishers.

Very Rev. K. I. Philip Remban

(Director)

Fr. Jinesh K. Varkey

(Secretary)

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